

# Report on Demand-Based Vocational Training Program (Silai Katai) in Tailoring

**Implemented by:** Aama Nepal Foundation

**In Collaboration with:** N.G.O. Coordination and Community Mobilization Branch, Birganj Metropolitan Office

**Training Period:** 2nd May 2024 – 16th June 2024 (45 days)

**No. Of Participants :** 20

## 1. Introduction

Aama Nepal Foundation, in collaboration with N.G.O. Coordination and Community Mobilization Branch, Birganj Metropolitan Office, successfully implemented a demand-based vocational training program (Silai Katai) focused on tailoring. This initiative was designed to enhance local employment opportunities, promote entrepreneurship, and empower women, particularly those from poor and marginalized communities. The training aimed to equip participants with both theoretical knowledge and practical skills necessary for tailoring and garment production.

## 2. Objectives of the Training Program

- To provide skill-based training in tailoring to unemployed women and youth.
- To encourage self-employment and entrepreneurship through vocational skills.
- To improve economic independence and livelihood opportunities for marginalized groups.
- To create a sustainable impact through structured training modules and hands-on experience.

## 3. Program Implementation

### 3.1 Curriculum Development

A structured curriculum was developed, covering:

- Theoretical Sessions: Understanding fabrics, sewing tools, stitching techniques, and tailoring measurements.
- Practical Training: Cutting, stitching, designing, and finishing garments.
- Entrepreneurial Guidance: Basics of starting a tailoring business, pricing strategies, and marketing skills.

### 3.2 Training Methods

- Classroom Lectures: Theoretical knowledge on tailoring fundamentals.
- Hands-on Practical Sessions: Supervised practice in sewing, cutting, and designing garments.
- Live Demonstrations: Expert tailors provided demonstrations on various tailoring techniques.
- Interactive Discussions: Engaging participants in problem-solving and idea-sharing sessions.

## 4. Program Duration & Venue

- **Duration:** 45 Days (2nd May 2024 – 16th June 2024)
- **Venue:** Training Hall, Ward No. 6, Birganj Metropolitan Office

## 5. Participant Engagement

The training program successfully engaged women from underprivileged backgrounds, ensuring inclusivity and equal learning opportunities. Regular feedback sessions were conducted to assess participant progress and address challenges.

## 6. Outcomes and Achievements

- **Skill Development:** Participants gained hands-on experience in tailoring, enabling them to produce garments independently.
- **Employment & Self-Employment:** Several trainees have started their own tailoring businesses or secured jobs in garment workshops.
- **Entrepreneurial Growth:** Participants received knowledge on pricing, marketing, and customer handling, equipping them for business ventures.
- **Increased Confidence:** The training instilled confidence among participants to become financially independent.

## 7. Conclusion and Future Recommendations

The successful implementation of the tailoring (Silai Katai) training program highlights the effectiveness of strategic partnerships in addressing community needs. The collaboration between Aama Nepal Foundation and Birganj Metropolitan played a crucial role in providing valuable skills to the participants, paving the way for economic empowerment and sustainable development.

### Recommendations for Future Training Programs:

- Expansion of training sessions to reach more beneficiaries.
- Introduction of advanced tailoring courses.
- Providing financial and business mentorship to participants.
- Establishing follow-up mechanisms to track participant progress.

The tailoring (Silai Katai) training program stands as a model initiative for skill development and women's empowerment, demonstrating the impact of targeted vocational training in fostering economic self-reliance and entrepreneurship.

### Prepared by:

Aama Nepal Foundation

Birganj-11, Parsa, Madesh Province, Nepal

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## Snapshots of Vocational Training Program (Silai Katai) on Tailoring



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